



St. Lawrence Lodge
Care To Believe™

FOR IT COMES FROM WITHIN®



Resident and Family Newsletter

LONG TERM CARE SINCE 1970

October 2016

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Brockville Optometric Centre Provides Eye Care Services On-Site at SLL

Dr. Mark Barlow from the Brockville Optometric Center provides on site optometrist services on an as needed basis directly here at St. Lawrence Lodge.

If you would like to access Dr. Barlow's services, the please contact the Brockville Optometric Center during their regular office hours by calling 613-342-2131.



Our Vision

St. Lawrence Lodge will be a leader in providing progressive long term care.

Our Values

Respect

Quality Service

Person-Centered Care

Compassion

Our Mission

St. Lawrence Lodge provides quality, person-centered, long term care in partnership with families and care givers and in collaboration with community resources.

Our Philosophy

We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.

St. Lawrence Lodge to Test It's Emergency Preparedness October 18th

On October 18th, St. Lawrence Lodge will be undertaking a simulated fire drill to test it's readiness for a real emergency.

The drill will take place on 1st floor at approximately 12 pm. Members of the Elizabethtown-Kitley Fire Department and the Brockville Fire Department will be on-site to observe the drill and offer their expertise on any improvements.

No residents will be directly involved in the drill. Instead, they will be attending a special activity in the Fireside Lounge for the duration of the exercise. However, in order to make the drill as realistic as possible, St. Lawrence College students have been asked to volunteer to act as our residents which the Home's staff will be responsible for moving away from the fire area.

These drills are important exercises to undertake so that the Home is ready to respond immediately to various emergency situations that could face the Home at any time.

We would ask that visitors please refrain from attending the building during this time, if possible. Thank you for your cooperation.

Calendar of Events

Tues., Oct. 4 th	Beth – Flute	Birch – 11:00 a.m.
Tues., Oct. 4 th	Sweet Memories	Town Square – 6:45 p.m.
Wed., Oct. 5 th	Music with Wayne	Maple – 10:30 a.m.
Wed. Oct. 5 th	Birthday Musical – Tom Wilson	Town Square – 1:45 p.m.
Sat., Oct. 8 th	Vicki Spurrell	Town Square – 1:45 p.m.
Tues., Oct. 11 th	Beth – Flute	Pine – 11:00 a.m.
Tues., Oct. 11 th	The Troubadours	Town Square – 6:45 p.m.
Wed., Oct. 12 th	Music with Vangie	Elm – 10:30 a.m.
Wed., Oct. 12 th	Parabus Shopping – Wal Mart	Front Door – 1:00 p.m.
Sat., Oct. 15 th	Dave Rowan	Town Square – 1:45 p.m.
Tues., Oct. 18 th	Beth – Flute	Maple – 11:00 a.m.
Tues., Oct. 18 th	Harmonica Sing-A-Longs	Town Square – 6:45 p.m.
Wed., Oct. 19 th	Music with Vangie	Spruce – 10:30 a.m.
Wed., Oct. 19 th	Music with Wayne	Pine – 10:30 a.m.
Wed., Oct. 19 th	Brockville Museum	Chapel – 1:45 p.m.
Thurs., Oct. 20 th	Winnona	Town Square – 1:45 p.m.
Sat., Oct. 22 nd	Tom Wilson Trio	Town Square – 1:45 p.m.
Tues., Oct. 25 th	Beth – Flute	Spruce – 11:00 a.m.
Tues., Oct. 25 th	Happy Hour	Town Square – 6:45 p.m.
Wed., Oct. 26 th	Music with Vangie	Birch – 10:30 a.m.
Sat., Oct. 29 th	Pub – Matt Hayes & Old Friends	Town Square – 1:45 p.m.
Mon., Oct. 31 st	Halloween Party	Town Square – 1:45 p.m.

SPECIAL CARE (OAK) – OCTOBER 2016

Sat., Oct. 1 st	Dave Rowan	1:45 p.m.
Mon., Oct. 3 rd	Music with Joyce	10:30 a.m.
Wed., Oct. 5 th	Music with Vangie	10:30 a.m.
Fri., Oct. 7 th	Harmonica Sing-A-Longs	1:45 p.m.
Mon., Oct. 10 th	Music with Joyce	10:30 a.m.
Fri., Oct. 14 th	Hudson Majaury	1:45 p.m.
Mon., Oct. 17 th	Music with Joyce	10:30 a.m.
Mon., Oct. 24 th	Music with Joyce	10:30 a.m.
Tues., Oct. 25 th	Art Therapy	2:00 p.m.
Mon., Oct. 31 st	Halloween Party	1:45 p.m.

Flu shots save lives



Get immunized!

The seasonal influenza vaccine is safe, effective and recommended for everyone 6 months of age and older, especially people at high risk of influenza-related complications.

Talk to your doctor, nurse, pharmacist or local public health office about getting immunized.

To find out more, visit immunize.ca



Flu Season is Approaching - It's Time to Get Ready?

Now that we are into our Fall Season and winter is just around the corner, it is time to remind our resident's guests and visitors that we all need to be mindful so that we do not spread flu or other illnesses to our residents.

We ask that any person who has been sick or ill please refrain from visiting our Home for at least 5 days.

People who have had the flu - sore throat, stuffy nose, chills, cough, headache, muscle aches, weakness and fatigue - in particular are asked to make sure you are fully recovered before visiting the Home.

The Leeds, Grenville, and Lanark District Health Unit has good information on its web site about influenza, as well as, notices of where people can go to receive their annual flu shot.

We would also encourage everyone entering the Home to please use the hand sanitizer that is available extensively around the Home. Simple hand-washing is one of the easiest and most effective ways of preventing the spread of germs.

Thank you for your cooperation!