



St. Lawrence Lodge
Care To Believe™

FOR IT COMES FROM WITHIN®



Resident and Family Newsletter

LONG TERM CARE SINCE 1970

May 2015

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Our Vision

St. Lawrence Lodge will be a leader in providing progressive long term care.

Our Values

Respect

Quality Service

Resident-Centered Care

Compassion

Our Mission

St. Lawrence Lodge provides quality, resident-centered, long term care in partnership with families and personal care givers and in collaboration with community resources.

Our Philosophy

We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.

OANHSS Says Provincial Budget Does Little to Close the Care Gap for Residents In Long Term Care Homes.

The Ontario Association of Non-Profit Homes and Services for Seniors (OANHSS) warns that the Ontario Provincial Budget will do little to improve care levels for residents living in Ontario’s long term care homes.

Specifically, OANHSS called for investments to achieve a provincial average of 4.0 hours of direct care per resident per day over the next three years. This call was echoed by many sector stakeholders as well as residents and family members.

“Clearly, long term care was far from a priority in this budget,” says Donna Rubin, OANHSS CEO. “It’s particularly disheartening because this is by no means a new need. This is the same target recommended in the government-commissioned Sharkey Report on long term care in 2008, and that same report recommended that 4.0 hours of care be achieved by 2012. The target was right then, and it is right now, yet we are still not there.”

Long term care homes serve one of the most vulnerable groups in society - the frail elderly. Seniors being admitted from the community also have highly complex and heavy care needs because they are staying in their own homes for as long as possible.

“We simply do not have enough staff in our homes to provide the level of care that Ontario’s seniors need and deserve,” added Rubin.

The government did continue its commitment to enhancing community-based care by investing more than \$750 million over the next three years so people can remain at home.

“Investing in community care is certainly the right way to go, but the government can’t ignore the fact that some seniors will reach the stage where their care needs can’t be met at home, and we must make sure that our long term care homes have the staff and resources to provide the level of care they need,” urged Rubin.

Calendar of Events - May 2015

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| Fri., May 1st | Vicki Spurrel | Town Square – 1:45 p.m. |
| Tues., May 5th | B.J. Hughes at the Piano | Town Square – 10:00 a.m. |
| Tues., May 5th | Beth – Flute | Cedar – 11:00 a.m. |
| Tues., May 5th | Art Therapy 2nd Floor | Spruce – 2:00 p.m. |
| Tues., May 5th | 1st Floor Church Tea | Pine – 2:00 p.m. |
| Tues., May 5th | Movie Night | Town Square – 6:45 p.m. |
| Wed., May 6th | Music with Wayne | Elm – 10:30 a.m. |
| Wed., May 6th | Birthday Musical – Harmonica-Sing-Along | Town Square – 1:45 p.m. |
| Thurs. May 7th | Mother's Day Tea | Town Square – 1:45 p.m. |
| Sat., May 9th | Hudson Majaury | Town Square – 1:45 p.m. |
| Tues., May 12th | Beth – Flute | Birch – 11:00 a.m. |
| Tues., May 12th | Art Therapy on 1st Floor | Elm – 2:00 p.m. |
| Tues., May 12th | The Troubadours | Town Square – 6:45 p.m. |
| Wed., May 13th | Parabus Shopping – Walmart | Front Door – 1:00 p.m. |
| Wed., May 13th | The Brown's | Town Square – 1:45 p.m. |
| Thurs., May 14th | Community Choir | Town Square – 1:45 p.m. |
| Thurs., May 14th | Resident Council | Class Room – 10:30 a.m. |
| Fri., May 15th | Music with Jacquie | Elm – 3:30 p.m. |
| Sat., May 16th | Tom Wilson Trio | Town Square – 1:45 p.m. |
| Tues., May 19th | Beth – Flute | Pine – 11:00 a.m. |
| Tues., May 19th | Art Therapy on 3rd Floor | Maple – 2:00 p.m. |
| Tues., May 19th | Sweet Memories | Town Square – 6:45 p.m. |
| Wed., May 20th | Music with Wayne | Maple – 10:00 a.m. |
| Wed., May 20th | Bernie & Verna | Birch – 10:30 a.m. |
| Wed., May 20th | Brockville Museum | Chapel – 1:45 p.m. |
| Thurs., May 21st | Winnona | Town Square – 2:00 p.m. |
| Sat., May 23rd | D.J. Dan | Town Square – 1:45 p.m. |
| Tues., May 26th | Beth – Flute | Maple – 11:00 a.m. |
| Tues., May 26th | Art Therapy on 2nd Floor | Birch – 2:00 p.m. |
| Tues., May 26th | Tom Wilson | Town Square – 6:45 p.m. |
| Thurs., May 28th | Euchre | Town Square – 1:45 p.m. |
| Sat., May 30th | Pub – Matt Hayes | Town Square – 1:45 p.m. |

SPECIAL CARE (OAK) – MAY 2015

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| Sat., May 2nd | Kathy & Friends | 1:45 p.m. |
| Mon., May 4th | Music with Joyce | 10:30 a.m. |
| Fri., May 8th | Music with Jacquie | 3:30 p.m. |
| Mon., May 11th | Music with Joyce | 10:30 a.m. |
| Fri., May 15th | Harmonica Sing-Alongs | 1:45 p.m. |
| Wed., May 20th | Music with Joyce | 10:30 a.m. |
| Thurs., May 21st | Bernie & Verna | 10:30 a.m. |
| Mon., May 25th | Music with Joyce | 10:30 a.m. |
| Fri., May 29th | Hudson Maiaurv | 1:45 p.m. |

Resident Personal Trust Account Reminder



The Business Office would like to notify residents that Resident Trust withdrawals for amounts over \$150 must be processed by cheque. Please contact the Business Office should you have any questions regarding this announcement. Thank you for your cooperation.

Building Exterior Repair Work Progressing Well

St. Lawrence Lodge exterior remediation work is progressing well. We hope that the work has not been too disruptive for our residents and guests. We are trying to let residents know when the work will be completed in and around your room window so that you can take measures to protect your privacy. So far, the work has gone well in this regard. Please let us know if you experience any difficulties with the repair work. Thank you also for your cooperation in keeping windows closed when the work is being completed. This helps it to go much smoother.

Reminder to Keep Windows Closed to Maintain Air Cooling in the Building

With the warm weather approaching (hopefully!), it is worth reminding everyone that the building air conditioning system will work much better if all windows are kept closed during the hot, humid summer conditions.

The hot temperatures can penetrate deep into the building if windows are left open. So, please cooperate by keeping resident room windows properly sealed so the cooling system can keep up! Thank You!



Hot Weather Reminder to All Residents and Family Members to Be Aware of Staying Out for Extended Time in the Courtyards and Balconies!

With the warmer summer weather soon upon us, all residents and family members are reminded to be especially diligent when using the balconies and courtyards on hot weather days. This is to ensure that residents are not putting themselves at risk by being exposed to the warm weather and hot sun.

Please make a point of taking proper sun precautions such as wearing a hat and drinking lots of fluids. Thank you for your cooperation everyone!

Visiting Pets - Policy Summary

With the warmer summer weather approaching, our residents are having more visits from family and friends, as well as, their favourite pet companions. We thought it would be helpful to remind visitors about the Home's Visiting Pet Policy, so that everyone can enjoy the visit.

Please review the Policy Statement below.

Purpose: To ensure visiting pets are controlled at all times in and outside the building.

Visiting pets are defined as domestic animals that can be controlled and safe while wearing a collar and a 2 meter non-retractable leash.

1. All pets must have yearly required vaccinations.
2. All pets must be on a leash of no more than 2 meters and be under control at all times by the owner.
3. Family may bring pets in to resident's room, after checking with nurse to ensure roommate is agreeable.
4. Any pet exhibiting aggressive behavior (barking, snarling, whining, jumping) is not permitted.
5. Pets are not permitted in the dining rooms, social activity rooms or quiet rooms due to infection control.
6. All pet owners ensure your pet has done his business prior to entering the property. Pets are prohibited from doing their business on the building or on the grass in the front and north parking lot.
7. If your pet has an emergency need, please proceed to the green space behind the garage. Please pick up any droppings and dispose of them at your own home.
8. Pet owners and their pets may visit for short visits e.g. 1 hour.
9. When entering the elevator, ask the other residents if it is okay for your pet to ride with them.
10. Please supply your own water containers.
11. Pets are not welcome at activities, programs, special events or pubs.
12. Pets are not allowed in the Palliative Care Family Room.
13. Service animals and therapy pets are permitted.

Have a great month!



Tom Harrington
Administrator