



St. Lawrence Lodge
Care To Believe™

FOR IT COMES FROM WITHIN®



Resident and Family Newsletter

LONG TERM CARE SINCE 1970

MARCH 2015

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St. Lawrence Lodge Celebrating 45 Years of Service to Citizens of Leeds Grenville - 1970 - 2015

2015 marks the 45th Anniversary since the inception of St. Lawrence Lodge. The Home is planning commemorative events to take place this summer to celebrate this special milestone. In the meantime, a lot has happened since the original St. Lawrence Lodge opened in 1970. A short summary of how St. Lawrence Lodge started is provided below:

St. Lawrence Lodge Chronology

- o May 1967 – First agreement signed by United Counties of Leeds/Grenville, City of Brockville, Town of Prescott, Town of Gananoque to sponsor a municipal Home for the Aged. The Home to accommodate 147 residents – 76 bed care; 34 normal care; 36 special care, 1 psychiatric.
- o June 1968 – Municipalities purchase 6.60 acres of land from Dept of Public Works, located in Township of Elizabethtown, County of Leeds. Total estimated cost of construction = \$2,062,405.
- o December 6, 1968 – Official sod-turning ceremony held.
- o February 20, 1968 – construction contract awarded to M. Sullivan and Son, Ltd.
- o January 5, 1970 – R.D. Timleck appointed first Administrator, as of Feb. 2, 1970
- o March 9, 1970 – St. Lawrence Lodge selected as official name of new Home.
- o September 1 -2, 1970 – Hosted Civic Open House
- o September 9, 1970 – first resident admitted - Miss Mary Jane Hawkins (103 years old)
- o November 13, 1970 – Official Opening ceremony
- o June 26, 2003 – Committee of Management resolves to build a new state-of-the-art 224 bed Long Term Care Home on the existing site.
- o January 2004 – Committee of Management approves design concept for new facility
- o September 21, 2004 – Official Ground Breaking Celebration for “new” St. Lawrence Lodge.
- o April 6, 2006 – Start of move from existing building to brand new 224 bed Home.
- o April 10, 2006 – Residents Move from the Original building to the “new” St. Lawrence Lodge.

Our Vision

St. Lawrence Lodge will be a leader in providing progressive long term care.

Our Values

Respect

Quality Service

Resident-Centered Care

Compassion

Our Mission

St. Lawrence Lodge provides quality, resident-centered, long term care in partnership with families and personal care givers and in collaboration with community resources.

Our Philosophy

We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.

Calendar of Events - March 2015

Tues., March 3 rd	Beth – Flute	Cedar – 11:00 a.m.
Tues., March 3 rd	Movie Night	Town Square – 6:45 p.m.
Wed., March 4 th	Music with Wayne	Elm – 10:30 a.m.
Wed., March 4 th	Birthday Musical – Bob & Bonnie	Town Square – 1:45 p.m.
Fri., March 6 th	Music with Jacquie	Spruce – 3:30 p.m.
Tues., March 10 th	Beth – Flute	Birch – 11:00 a.m.
Tues., March 10 th	The Troubadours	Town Square – 6:45 p.m.
Wed., March 11 th	Parabus Shopping – Wal Mart	Front Door – 1:00 p.m.
Fri., March 13 th	Music with Jacquie	Elm – 3:30 p.m.
Sat., March 14 th	Vicki Spurrell	Town Square – 1:45 p.m.
Tues., March 17 th	Spousal Support Group	Chapel – 10:30 a.m.
Tues., March 17 th	Beth – Flute	Pine – 11:00 a.m.
Tues., March 17 th	St. Patrick's Day Pub – Tom Wilson	Town Square – 1:45 p.m.
Tues., March 17 th	Coffee Club	Town Square – 6:45 p.m.
Wed., March 18 th	Music with Wayne	Cedar – 10:30 a.m.
Wed., March 18 th	Bernie & Verna	Pine – 10:30 a.m.
Wed., March 18 th	Brockville Museum	Chapel – 1:45 p.m.
Thurs., March 19 th	Winnona	Town Square – 2:00 p.m.
Fri., March 20 th	Music with Jacquie	Cedar – 3:30 p.m.
Sat., March 21 st	The Brown's	Town Square – 1:45 p.m.
Tues., March 24 th	Beth – Flute	Maple – 11:00 a.m.
Tues., March 24 th	Harmonica Sing-A-Longs	Town Square – 1:45 p.m.
Wed., March 25 th	Fiddler's Plus	Town Square – 1:45 p.m.
Fri., March 27 th	Music with Jacquie	Pine – 3:30 p.m.
Sat., March 28 th	Pub – Matt Hayes	Town Square – 1:45 p.m.
Tues., March 31 st	Beth – Flute	Spruce – 11:00 a.m.
Tues., March 31 st	Eileen	Town Square – 6:45 p.m.

SPECIAL CARE (OAK)

Mon., March 2 nd	Music with Joyce	10:30 a.m.
Mon., March 2 nd	Movie Night	6:45 p.m.
Sat., March 7 th	Kathy & Friends	1:45 p.m.
Mon., March 9 th	Music with Joyce	10:30 a.m.
Mon., March 9 th	Games Night	6:45 p.m.
Wed., March 11 th	Oak Birthday Club	2:00 p.m.
Fri., March 13 th	Eileen	1:45 p.m.
Mon., March 16 th	Music with Joyce	10:30 a.m.
Mon., March 16 th	Coffee Club	6:45 p.m.
Thurs., March 19 th	Bernie & Verna	10:30 a.m.
Mon., March 23 rd	Music with Joyce	10:30 a.m.
Fri., March 27 th	Hudson Majaury	1:45 p.m.
Mon., March 30 th	Music with Joyce	10:30 a.m.

St. Lawrence Lodge Auxiliary Volunteer Program (AVP) Provides Major Financial Gift to Refurbish the Fireside Lounge



The St. Lawrence Lodge Foundation wishes to thank the Auxiliary Volunteer Program for their recent \$15,000 Leadership Gift to refurbish the Fireside Lounge. Shown in the cheque presentation picture above from left to right are: AVP Chair Reta Gannon, Carol Brophy (SLL), Tom Harrington (SLL), Candy Burkitt (AVP Member), and Ann Brown (AVP Secretary).

As noted by Carol Brophy, Coordinator of Activation, Pastoral Care, and Volunteer Services during the presentation, “We appreciate the Auxiliary Volunteer Program’s significant contribution to improving the quality of resident life. They have been with us since Day 1 when we opened in 1970. 45 years later, our residents still benefit greatly from the many services and funds provided by our Auxiliary Volunteer Program. This gift will continue the AVP’s caring legacy.”

Noticeable changes to the Fireside Lounge as a result of this donation include new flooring, newly purchased chairs, tablecloths, window dressings, painted interior, new artwork that adorns the walls, and an overall openness of this space.

Through the dedication of many volunteers, the proceeds for this monetary gift was raised by having bake sales, Euchre card games, a Christmas bazaar and sales from the AVP Lodge Shop.

Reminder to Get Personal Items Marked by SLL Before Use

Just a quick reminder that all resident personal clothing and personal items need to have a St. Lawrence Lodge-provided label attached. Arrangements can be made in advance to have clothing items labeled before use. Please bring your items into the Home early so they can be labeled and ready for wear and use. Thank you for your cooperation.



Flu Outbreak Declared at SLL

Unfortunately, the flu bug has hit St. Lawrence Lodge, as it has almost every other Long Term Care Home in the region. The Lodge experienced a declared Flu Outbreak in January 2015 and then a second outbreak was declared in February 2015. I would like to commend residents, visitors, and staff for their cooperation in helping to contain the spread of the Flu within the Home. The January 2015 outbreak was relatively short and we are hoping that the February session is also relatively short so that we can return to normal operations soon.

With the flu season upon us, it is important that we all do what we can to prevent the transmission of germs that can cause the flu and other illness.

The Health Unit reminds us:

- ◆ 80% of common infections are spread by hands
- ◆ Washing hands is one of the best ways to stop the spread of germs
- ◆ Please use the hand sanitizers provided throughout our Home to prevent the spread of infection.

Thank You!

Have a great month!

A handwritten signature in blue ink that reads "Tom Harrington".

Tom Harrington
Administrator