



St. Lawrence Lodge
Care To Believe™

FOR IT COMES FROM WITHIN®



Resident and Family Newsletter

LONG TERM CARE SINCE 1970

December 2015

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Our Vision

St. Lawrence Lodge will be a leader in providing progressive long term care.

Our Values

*Respect
Quality Service
Person-Centered Care
Compassion*

Our Mission

St. Lawrence Lodge provides quality, person-centered, long term care in partnership with families and care givers and in collaboration with community resources.

Our Philosophy

We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.



Don't forget to Get Your Christmas Shopping Done Early!

Christmas Bazaar

Lots of Great Deals for a Good Cause!

When: Tuesday December 8th
Time: 10:00 am to 3:00 pm
Where: Fireside Lounge



The Residents and the Committee of Management of St. Lawrence Lodge cordially

Invite you to attend a

Christmas Pub.

Come and join us for an afternoon of entertainment and goodies.

When: Thursday December 10th
Time: 2:00 pm
Where: Fireside Lounge



Calendar of Events - December 2015

Tues., Dec. 1 st	Beth - Flute	Pine - 11:00 a.m.
Wed., Dec. 2 nd	Music with Wayne	Maple - 10:30 a.m.
Wed., Dec. 2 nd	Birthday Musical - Harmonica Sing-A-Long	Town Square - 1:45 p.m.
Fri., Dec. 4 th	Music with Jacquie	Birch - 3:30 p.m.
Tues., Dec. 8 th	Bazaar & Bake Sale	Town Square - 10:00 a.m.
Tues., Dec. 8 th	The Troubadours	Town Square - 6:45 p.m.
Wed., Dec. 9 th	Birch Christmas Party	Birch - 10:15 a.m.
Wed., Dec. 9 th	Music with Wayne	Cedar - 10:00 a.m.
Wed., Dec. 9 th	Parabus Shopping - Wal Mart	Front Door - 1:00 p.m.
Thurs., Dec. 10 th	Elm Christmas Party	Elm - 10:15 a.m.
Thurs., Dec. 10 th	Resident & Family Pub With Tom Wilson	Town Square - 1:45 p.m.
Fri., Dec. 11 th	Music with Jacquie	Cedar - 3:30 p.m.
Sat., Dec. 12 th	Tom Wilson Trio	Town Square - 1:45 p.m.
Mon., Dec. 14 th	Cedar Christmas Party	Cedar - 10:15 a.m.
Tues., Dec. 15 th	Pine Christmas Party	Pine - 10:15 a.m.
Tues., Dec. 15 th	Beth - Flute	Birch - 11:00 a.m.
Tues., Dec. 15 th	The Brown's	Town Square - 6:45 p.m.
Wed., Dec. 16 th	Maple Christmas Party	Maple - 10:15 a.m.
Wed., Dec. 16 th	Music with Vangie	Spruce - 10:30 a.m.
Wed., Dec. 16 th	Bernie & Verna	Elm - 10:30 a.m.
Wed., Dec. 16 th	Brockville Museum	Chapel - 1:45 p.m.
Thurs., Dec. 17 th	Spruce Christmas Party	Spruce - 1:45 p.m.
Fri., Dec. 18 th	Music with Jacquie	Pine - 3:30 p.m.
Sat., Dec. 19 th	Pub - Matt Hayes	Town Square - 1:45 p.m.
Tues., Dec. 22 nd	Beth - Flute	Maple - 11:00 a.m.
Wed., Dec. 23 rd	Elvis	Town Square - 1:45 p.m.
Wed., Dec. 23 rd	Music with Vangie	Spruce - 10:30 a.m.
Tues., Dec. 29 th	Beth - Flute	Spruce - 11:00 a.m.
Wed., Dec. 30 th	Debbie Dion's Retirement Tea	Cedar - 2:00 p.m.
Thurs., Dec. 31 st	New Year's Eve Party	Town Square - 1:45 p.m.

SPECIAL CARE (OAK) - DECEMBER 2015

Wed., Dec. 2 nd	Music with Vangie	10:30 a.m.
Sat., Dec. 5 th	Kathy & Friends	1:45 p.m.
Mon., Dec. 7 th	Music with Joyce	10:30 a.m.
Tues., Dec. 8 th	Beth - Flute	11:00 a.m.
Fri., Dec. 11 th	Hudson Majaury	1:45 p.m.
Thurs., Dec. 17 th	Bernia & Verna	10:30 a.m.
Fri., Dec. 18 th	Eileen	1:45 p.m.
Mon., Dec. 21 st	Oak Christmas Party	10:15 a.m.
Mon., Dec. 28 th	Music with Joyce	10:30 a.m.
Wed., Dec. 30 th	Music with Vangie	10:30 a.m.



*May the beautiful traditions of Christmas bring you joy, and
May the spirit of Christmas bring you goodwill and good cheer always!
May Christmas joy reign in your heart
and gladden the coming year!*

*St. Lawrence Lodge wishes you Blessings and
Good Tidings on Christmas and Always!
Best Wishes for A Happy New Year too!*





Christmas Calendar of Events – Our Activation Calendar will be brimming with special events and celebrations throughout the month of December. Please be sure to check the calendar regularly for coming events and we hope you take the opportunity to enjoy this festive time with our residents.

Christmas Decorating Week – The Home will be putting up its Christmas decorations during the latter part of November and early December to create a fun, festive mood for all residents and their guests to enjoy.

Christmas Decorating Guidelines – The Home has prepared Christmas Decorating Guidelines to assist residents in making decisions about their Christmas decorating plans. These Decorating Guidelines are intended to honour resident wishes to decorate for Christmas, while maintaining fire safety and resident safety principles. For your information, a copy of the Guidelines is attached to this newsletter. Please contact the Nursing Department should you have any questions.

Christmas Season Room Reservation Bookings – all residents and families wishing to reserve a room for a private celebration during the Christmas season must call Carol Brophy directly to confirm your reservation. Carol can be reached at 613-345-0255 ext. 4122. **All room reservations are only done through a central office so it is important for you to have your reservation confirmed directly by Carol.**

Christmas Day Meals - The Home is not able to provide meals for purchase on Christmas Day. However, resident guests are free to bring a festive meal to the Home. The Fireside Lounge will be available on Christmas Day as space for residents and their families who may wish to share a Christmas meal together. Tables and chairs will be set up, along with microwave ovens to heat food. Coffee and tea will be provided by the Home. All guests using the area are asked to please keep the area clean and tidy for other users.

Resident Overnight Leave of Absence – In preparation for the Christmas Season, for those residents and families who plan to be away from the Home overnight, it is important that we have advance notice of your intentions to be away. We would request that you contact **Kerry Emmons** in the Nursing Office to advise her of your plans. Kerry can be reached at **613-345-0255 ext 4115**. The Nursing Department will work with the resident and family to coordinate the medical supplies needed during the time away from the Home.

Labeling of Resident Clothing – Don't forget that resident personal clothing items need to have a St. Lawrence Lodge-provided label attached. Arrangements can be made in advance of Christmas to have clothing items labeled before wrapping your gifts. Please bring your gift items into the Home early so they are labeled and ready for wear after the gifts are opened.

Scented Products Reminder—St. Lawrence Lodge promotes a scent free environment. Scented products can trigger serious health reactions for some residents and staff. The Home requests that people refrain from wearing perfumes, colognes, and other scented products. Please consider this in your gift-giving decisions. Thank you for your cooperation in making our Home a scent free environment.

St. Lawrence Lodge
Christmas and General Decorating Guidelines for Resident Rooms



In keeping with the mission and values of St. Lawrence Lodge, residents are encouraged to decorate their rooms in a manner that makes residents feel comfortable and safe, as well as, maintaining the ongoing appearance and upkeep of the building.

With Christmas fast approaching, the Home recognizes the desire to decorate rooms in a festive and seasonal manner. Christmas decorating suggestions include:

- Small artificial trees
- Door wreaths
- Window decorations, using suction cup holders

St. Lawrence Lodge supports the resident's right to decorate their room and offers the following guidelines to ensure compliance with fire and safety standards and best practices.

1. Resident and family members are asked to use products guaranteed not to damage walls or surfaces. Resident and family members are asked not to use screws, nails, thumb tacks, push-pins, staples, scotch tape, duct tape, glue, or foam-type adhesives to attach decorations to the door, window, or walls.
2. Door decorations are to be hung with a thin "over-the-door" hanger available at many local stores. For fire safety reasons, the door decoration and hanger must not interfere in any way with proper closure of the door.
3. Pictures and paper which cover the entire surface of the door are not permitted.
4. Spray paint, window paints or aerosol "snow" is prohibited.
5. Candles and/or any heavily scented items are prohibited.
6. Indoor mini-lights labeled by CSA or Underwriters Laboratories (ULC) must be used. These lights are not to be strung along curtains, railings, or doors. All lights must be unplugged when the resident retires for the night or leaves the room. Exterior rated lighting is not permitted.
7. Residents and families are reminded that any electrical products must be inspected by the maintenance department prior to use in the room. Extension cords are prohibited.
8. Decorations must not be hung from lamp shades, curtain rods, ceiling tiles, ceiling track, or sprinkler heads.
9. Families wishing to bring Christmas trees in for resident rooms are asked to bring in artificial trees which must be less than 36 inches in height.
10. We ask that you be mindful of resident sensitivities and possible allergies. Please use your discretion in the purchase of Christmas plants.

We thank you for your attention to these guidelines and look forward to a festive, enjoyable and safe holiday season.



Resident Christmas Gift Giving Program - Thank You

I would like to take this opportunity to thank our Auxiliary Volunteer Program members for their thoughtful sponsorship of our Resident Gift Program this year. This program has been underway for a number of years now and it is a special gesture made to ensure that all residents receive a gift to open on Christmas morning.

This generous act will bring a special joy to our Christmas celebration. We send a heartfelt thank you to the AVP for their continued support of our residents and their efforts to make a meaningful improvement in the quality of life for our residents. Thank you for making a improvement!



St. Lawrence Lodge Foundation

Every gift to the St. Lawrence Lodge Foundation is important. Resident care needs are continually changing and our Home can meet those needs through not only our many volunteers and friends, but also, through financial donations generously provided by friends of St. Lawrence Lodge.

Please consider supporting the residents of St. Lawrence Lodge in your charitable giving this year.

Your gift will make a difference for our residents.

All donations will be acknowledged and are eligible for a charitable tax receipt.

From our Home to yours, thank you for your consideration!

Have a great month!

A handwritten signature in blue ink that reads "Tom Harrington".

Tom Harrington
Administrator