



St. Lawrence Lodge
Care To Believe™

FOR IT COMES FROM WITHIN®

Resident and Family Newsletter

LONG TERM CARE SINCE 1970

August 2017

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Our Vision

St. Lawrence Lodge will be a leader in providing progressive long term care.

Our Values

Respect

Quality Service

Person-Centered Care

Compassion

Our Mission

St. Lawrence Lodge provides quality, person-centered, long term care in partnership with families and care givers and in collaboration with community resources.

Our Philosophy

We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.



St. Lawrence Lodge August Summer Social Event

August 2nd turned out to be a beautiful, warm sunny day and a great day for an outdoor party. Many thanks to our dietary staff for preparing a large selection of yummy desserts for us to enjoy. Also, a big thank you to Tom Wilson for providing our live entertainment under the big tent! Below are some pictures of this Special Event.



Calendar of Events - August 2017

Tues., Aug. 1 st	Music with Vangie & Friends	Town Square – 10:30 a.m.
Wed., Aug. 2 nd	Music with Wayne & Gail	Cedar – 10:30 a.m.
Wed., Aug. 2 nd	B.J. Hughes at the Piano	Town Square – 10:30 a.m.
Wed., Aug. 2 nd	Summer Social – Tom Wilson	North Parking Lot – 1:45pm
Tues., Aug. 8 th	Beth – Flute	Cedar – 10:30 a.m.
Tues., Aug. 8 th	The Troubadours	Town Square – 6:45 p.m.
Wed., Aug. 9 th	Music with Vangie	Elm – 10:30 a.m.
Wed., Aug. 9 th	Parabus Shopping – Walmart	Front Door – 1:00 p.m.
Sat., Aug. 12 th	Vicki Spurrell	Town Square – 1:45 p.m.
Tues., Aug. 15 th	Beth – Flute	Birch – 11:00 a.m.
Wed., Aug. 16 th	Bernie & Vera	Cedar – 10:30 a.m.
Wed., Aug. 16 th	Music with Vangie	Spruce – 10:30 a.m.
Wed., Aug. 16 th	Music with Wayne & Gail	Pine – 10:30 a.m.
Wed., Aug. 16 th	Brockville Museum	Chapel – 1:45 p.m.
Thurs., Aug. 17 th	Winnona	Town Square – 1:45 p.m.
Sat., Aug. 19 th	Len Goldfarb	Town Square – 1:45 p.m.
Tues., Aug. 22 nd	Beth – Flute	Pine – 11:00 a.m.
Tues., Aug. 22 nd	Great Music Guys	Town Square – 6:45 p.m.
Wed., Aug. 23 rd	Music with Vangie	Elm – 10:30 p.m.
Wed., Aug. 23 rd	Fiddler's Plus	Town Square – 1:45 p.m.
Sat., Aug. 26 th	Pub – Tom Wilson Trio	Town Square – 1:45 p.m.
Tues., Aug. 29 th	Beth – Flute	Maple – 11:00 a.m.
Tues., Aug. 29 th	Harmonica Sing-A-Longs	Town Square – 6:45 p.m.
Wed., Aug. 30 th	Music with Vangie	Birch – 10:30 a.m.
Wed., Aug. 30 th	Music with Wayne & Gail	Maple – 10:30 a.m.
Thurs., Aug. 31 st	D.J. Dan	Town Square – 1:45 p.m.

SPECIAL CARE (OAK) – AUGUST 2017

Tues., Aug. 1 st	Beth – Flute	11:00 a.m.
Wed., Aug. 2 nd	Music with Vangie	10:30 a.m.
Sat., Aug. 5 th	Great Music Guys	1:45 p.m.
Wed., Aug. 9 th	Music with Joyce	10:30 a.m.
Fri., Aug. 11 th	Harmonica Sing-A-Longs	1:45 p.m.
Mon., Aug. 14 th	Music with Joyce	10:30 a.m.
Thurs., Aug. 17 th	Bernie & Vera	10:30 a.m.
Mon., Aug. 21 st	Music with Joyce	10: 30 a.m.
Fri., Aug. 25 th	Dave Rowan	1:45 p.m.
Mon., Aug. 28 th	Music with Joyce	10:30 a.m.



ST. LAWRENCE LODGE FOUNDATION

Care-Connect

News from Home



Since 1970, St. Lawrence Lodge has been recognized for its compassionate care and service provided to those persons entrusted to the Home's care, as well as, the accompanying comfort and peace of mind the Lodge provides to resident family members and friends.

The "new" St. Lawrence Lodge opened in 2006. Now, ten years later, the building environment, resident furnishings, and equipment are showing their age and need to be updated and replaced. However, there is no Government capital funding made available to support the needed investment.

Maintaining excellence in long term care is a continuing challenge.

St. Lawrence Lodge needs your help to maintain the excellent living environment and quality of life that our residents experience and enjoy each day.

It takes the generosity of residents, family members, employees, physicians, friends, and community businesses and organizations to help provide the philanthropic support required to provide the essential items needed for resident care and support, along with the maintenance of an aging facility.

Therefore, the St. Lawrence Lodge Foundation is seeking your support to provide the vital items needed for resident care and support.

To donate or to find out more about how you can support St. Lawrence Lodge residents, please contact Tom Harrington at 613-345-0255 ext 4106 or by email at tharrington@stll.org.



Care to Give
FOR THE KIND OF CARE

St. Lawrence Lodge Foundation would like to thank the family members of the following residents for designating St. Lawrence Lodge Foundation as a charity of choice in memory of their loved one.

Rowland Evans

Judy Stakenvicius

Christa Glock

Don Beattie

Mafalda Secco

Norma Stewart

Hildur Pekkonen

Edward Lever

Melba Found

Bertalan Balogh

Helen Hollister



For Residents and Family Members

The St. Lawrence Lodge Family Council respects the mission of St. Lawrence Lodge and offers support to residents, families, and staff at the Home. The Family Council advocates for all residents, families and caregivers, in particular, for those residents unable to advocate for themselves.

The Council promotes open communication. The Family Council will make suggestions and recommendations for change and improvements by being a forum for ideas and dialogue. The Council will endeavour to become more knowledgeable about the long term care sector and the operations of the Home and it will work to educate its members and other family members of residents.

Typical Family Council Activities

- Working with St. Lawrence Lodge employees for positive change
- Sponsoring activities for residents and families
- Suggestions and advice for improvements in our Home
- Representing residents who do not have family members to help them
- Providing political advocacy for improvements to the Long Term Care sector

Family Council Membership

- | | | |
|--------------------|-------------|---------------------------------------|
| • JoAnn Bell | Cedar Lodge | 613-345-2385 Thebells400@hotmail.com |
| • Candace Kaine | Elm Lodge | 613-345-6298 cjkaine@cogeco.ca |
| • Helen LeBlanc | Birch Lodge | 613-342-3777 |
| • Pamela Moorhouse | Maple Lodge | 613-345-5589 pammoorhouse@outlook.com |
| • Deb Steele | Elm Lodge | 613-803-8957 debsteele3@gmail.com |
| • Janice Twaddle | Oak Lodge | 613-341-8822 jtwaddle@cogeco.ca |

Gentle Persuasion Approach (GPA) Information Meeting

Thursday September 14th

6:30pm-8:00pm

Fireside Lounge

Hosted by the SLL Family Council

Featuring Sean McFadden - Education and Support
Coordinator, Alzheimer Society of Leeds Grenville

Deb Steele - MScN NP-PHC CPMHN(C) GNC(C)



Come and learn more about how to respond respectfully and with confidence and skill to challenging behaviours associated with dementia. See poster enclosed.

Calling All Interested Volunteers!



St. Lawrence Lodge is always looking for active volunteers to help out with various resident activities and special events. If you or someone you know is interested in learning more about how you may help make a difference in the lives of residents at St. Lawrence Lodge, please contact Dawn Dodge at 613-345-0255 ext 4122.



Former Cogeco Cable Subscribers - Please Note!



It has come to our attention that some residents that previously subscribed to Cogeco Cable prior to March 1, 2017 may not have made arrangements with Cogeco to fully terminate their contract by returning Cogeco's equipment. As a result, some people may still be receiving charges from Cogeco.

Former Cogeco Cable Subscribers should make sure that your Cogeco Subscription is fully terminated.

Rate Reduction Application

There are currently still some outstanding Applications for Rate Reductions for Residents who reside in basic accommodation. If this applies to you as the Power of Attorney, then please see Tina Barclay in the Business Office to ensure your application is fully completed. Applicants will need to produce the 2016 Notice of Assessment to support the application for all renewals. Please ensure you have the required documentation ready.





Some General Reminders

- **Scatter Rugs** - resident room furnishings must not introduce unsafe conditions nor interfere with the provision of resident care. Please do not place scatter rugs in resident rooms to ensure a safer environment for all.
- **Headphones for Televisions** - residents are asked to consider using headphones while viewing television to help keep noise levels to a reasonable level for all persons in the area.
- **Velcro Fasteners** - the Home suggests that residents use easy-care, washable clothing. Some personal clothing recently is noted to have Velcro fasteners. This type of fastener does not always stand up well when laundered, so it is suggested that clothing not use this type of fastener.



Have a great month!

Tom Hainington

Family, Friends & Staff

You Are Invited

to an
Overview of:



**Gentle
Persuasive
Approaches**

Thursday Sept. 14th, 2017

6:30 – 8:00 p.m. in the Town Square

- GPA is an innovative dementia care education – part of LTCH staff education
- Includes an introduction to dementia and person-centred care
- Provides an overview of the relationship between the disease process and a person's behavioural response
- Demonstrates emotional, environmental, and interpersonal communication strategies to prevent and diffuse responsive behaviours

Facilitated by:

Deb Steele, MScN NP-PHC CPMHN(C) GNC(C)

Sean McFadden, Education & Support Coordinator Alzheimer Society of LLG

Supported by: **St Lawrence Lodge's Family Council**