



St. Lawrence Lodge
Care To Believe™

FOR IT COMES FROM WITHIN®



Resident and Family Newsletter

LONG TERM CARE SINCE 1970

April 2015

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Our Vision

St. Lawrence Lodge will be a leader in providing progressive long term care.

Our Values

Respect

Quality Service

Resident-Centered Care

Compassion

Our Mission

St. Lawrence Lodge provides quality, resident-centered, long term care in partnership with families and personal care givers and in collaboration with community resources.

Our Philosophy

We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.



St. Lawrence Lodge to Undertake Exterior Surface Remediation Work Starting Late April/Early May 2015.

The Home's exterior surface is known as an Exterior Insulation Finish System or EIFS for short. Recently, a contractor noticed that there was a problem with the surface material in some locations. The Home checked with a building envelope expert who confirmed that the Lodge exterior does have some areas that will require attention, sooner rather than later. Consequently, the Board has decided to hire a company called Dominion Caulking Limited to do the corrective work.

At this time, it looks like Dominion will begin their work in late April or early May. The work is dependent on good weather and they expect that they will be on-site for a number of weeks.

There are three phases to the work. First, they will clean the EIFS exterior of the building and courtyards, using high-pressure washers and scrubbing of the surface. Second, they will be removing the existing sealant material and re-installing sealant at the joints in the EIFS structure. Third, they will be conducting EIFS repairs and concrete repairs where needed.

The Home will be meeting with the contractor shortly to firm up the work schedule and to determine what implications the work will have on access to resident outdoor amenity spaces, such as balconies and courtyards. There is expected to be some interference at times, but we do not know the extent at this time. We will be posting information for residents, families, and visitors, once we know how the work will proceed in each area of the building.

Please stay tuned for more information in the coming weeks.



Calendar of Events - April 2015

Wed., April 1 st	Birthday Musical – Harmonica-Sing-Along	Town Square – 1:45 p.m.
Thurs., April 2 nd	Easter Tea	Town Square – 1:45 p.m.
Tues., April 7 th	Beth – Flute	Cedar – 11:00 a.m.
Tues., April 7 th	Art Therapy – 1 st Floor	Elm – 2:00 p.m.
Tues., April 7 th	Happy Hour	Town Square – 6:45 p.m.
Wed., April 8 th	Music with Wayne	Elm – 10:30 a.m.
Wed., April 8 th	Parabus Shopping – Wal Mart	Front Door – 1:00 p.m.
Wed., April 8 th	St. Lawrence Entertainers	Town Square – 1:45 p.m.
Thurs., April 9 th	1 st Floor Birthday Club	Elm – 10:00 a.m.
Fri., April 10 th	Music with Jacquie	Birch – 3: 30 p.m.
Sat., April 11 th	Tom Wilson Trio	Town Square – 1:45 p.m.
Tues., April 14 th	Beth – Flute	Birch – 11:00 a.m.
Tues., April 14 th	Art Therapy on 2 nd Floor	Spruce – 2:00 p.m.
Tues., April 14 th	Birch Birthday Club	Birch – 2:00 p.m.
Tues., April 14 th	The Troubadours	Town Square – 6:45 p.m.
Wed., April 15 th	Bernie & Verna	Spruce – 10:30 a.m.
Wed., April 15 th	Brockville Museum	Chapel – 1:45 p.m.
Wed., April 15 th	3 rd Floor Birthday Club	Cedar – 2:00 p.m.
Thurs., April 16 th	Winnona	Town Square – 2:00 p.m.
Fri., April 17 th	Spruce Birthday Club	Spruce – 2:00 p.m.
Sat., April 18 th	The Brown's	Town Square – 1:45 p.m.
Tues., April 21 st	Beth – Flute	Pine – 11:00 a.m.
Tues., April 21 st	Art Therapy on 3 rd Floor	Cedar – 2:00 p.m.
Tues., April 21 st	Tom Wilson	Town Square – 6:45 p.m.
Wed., April 22 nd	Music with Wayne	Spruce – 10:30 a.m.
Fri., April 24 th	Music with Jacquie	Cedar – 3:30 p.m.
Sat., April 25 th	Pub – Matt Hayes	Town Square – 1:45 p.m.
Tues., April 28 th	Beth – Flute	Maple – 11:00 a.m.
Tues., April 28 th	Art Therapy on 2 nd	Birch – 2:00 p.m.
Tues., April 28 th	Sweet Memories	Town Square – 6:45 p.m.

SPECIAL CARE (OAK) – APRIL 2015

Sat., April 4 th	Eileen	1:45 p.m.
Wed., April 8 th	Music with Joyce	10:30 a.m.
Fri., April 10 th	Hudson Majaury	1:45 p.m.
Mon., April 13 th	Music with Joyce	10:30 a.m.
Thurs., April 16 th	Bernie & Verna	10:30 a.m.
Fri., April 17 th	Music with Jacquie	3:30 p.m.
Mon., April 20 th	Music with Joyce	10:30 a.m.
Fri., April 24 th	Harmonica Sing-A-long	1:45 p.m.
Mon., April 27 th	Music with Joyce	10:30 a.m.



Reminder to Get Personal Items Marked by SLL Before Use

Just a quick reminder that all resident personal clothing and personal belongings need to have a St. Lawrence Lodge-provided label attached.

Unfortunately, personal items are being brought into the Home for use before they are marked and sometimes those items go missing. With a large number of residents, it can then be difficult to track those items down, especially if they inadvertently go for laundering, which is done outside our Home.

So, please take a moment to get things like blankets, clothing, and personal items such as glasses and dentures marked by St. Lawrence Lodge.

Arrangements can be made in advance to have your belongings labeled before use.

Please bring your items into the Home early so they can be labeled and ready for wear and use. Thank you for your cooperation.



Tuesday May 5th is national "Clean Your Hands Day".

St. Lawrence Lodge will be participating as one of over 1400 organizations across Canada to raise awareness of how important it is to simply wash your hands to prevent the transfer of disease and infections. All of us play a part in the delivery of safe, high-quality health care.

For residents and family members, it is important to note the following tips:

- Clean your hands many times a day, especially before eating or after using the washroom.
- Visitors should clean their hands before and after visiting a resident.
- Cover your cough, clean your hands, and do not visit a resident if you are feeling unwell.
- Alcohol-based hand rub is really effective for cleaning your hands. Get in the habit of using it several times a day.

With the growing awareness of the need to Just Clean Our Hands, we hope to create a safer environment for all. Please join us May 5th to do your part too!

Wheel Chair Program Update

St. Lawrence Lodge has a limited number of wheelchairs which can be lent to residents for a short period of time. They are not intended for use on a permanent basis. Residents that need a wheelchair for mobility will need to make arrangements to acquire the necessary mobility equipment.

Over the next 6 months, residents/families will be contacted with details on how they can purchase a wheelchair through the Assistive Device Program (ADP) of Ontario.

To be eligible for ADP funding, an individual must be assessed by an authorized ADP assessor. St. Lawrence Lodge uses Christine Rostek, a registered Occupational Therapist.

A brief description of the ADP process, as well as, the fees for the Occupational Therapist are shown on the right. If you have any further questions, please contact Carol Brophy, Coordinator - Activation Dept & Pastoral Care Services at 613-345-0255 ext 4122.

Occupational Therapy Referrals for Mobility Devices

Christine Rostek is a registered Occupational Therapist with over 20 years experience in seating and mobility and has worked in various settings including rehabilitation, long term care and community care. She is an Assistive Devices Authorizer for mobility devices.

The Assistive Devices Program (ADP) is a government-funded program, which will contribute up to 75 % of the cost of a mobility device that is required for ongoing daily mobility. In order to receive assistance from the ADP program for a wheelchair or walker an Occupational Therapist or Physiotherapist who is registered as an authorizer with ADP will assess eligibility for the program, functional mobility status and recommend the appropriate device to best meet individual needs.

ADP does not pay assessment fees for the services of the authorizer. The consumer of Occupational Therapy services is required to pay the assessment fee. The Occupational Therapist is obligated to communicate to the consumer the scope and costs of any services they propose to provide so that financial obligations are understood from the onset. Services delivered by a registered Occupational Therapist are recognized as a deductible medical expense for income tax purposes.

Other funding sources that may be available include Veteran Affairs Canada, Social Assistance Benefits under Ontario Works, Ontario Disability Support Program, and Insurance Coverage for the payment of the remaining 25% towards the cost of the mobility device.

Fees for OT services by Christine Rostek are listed below:

Walkers	\$ 85.00
Manual Wheelchairs	\$ 200.00
Power Wheelchairs	\$ 250.00
Scooters	\$ 200.00
Seating (cushion/backrest)	\$ 60.00/hour
Power Tilt Wheelchairs	\$ 350.00

Once a referral is received the fee outlined above includes an initial interview, physical, and functional assessment, trial of the mobility device, follow-up and modification of the prescribed equipment as required, completion and submission of the Assistive Devices Program application form to the Ministry of Health and Long Term Care.

Please call (613) 545-5653 to book an appointment.

Have a great month!



Tom Harrington
Administrator